



Are Staff Working Conditions Affecting Your Leadership Potential?

**Take This Quiz
and Find Out**



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Instructions:

Please answer these questions to give you an idea of how well your working conditions are affecting the wellbeing of you or your employees.

The items are numbered from 1 – 5 down the page. Tick the most relevant answer then add your score below to find out how well you rated.

1. I am clear about what is expected of me

- Never
- Seldom
- Sometimes
- Often
- Always

2. I have unachievable deadlines

- Always
- Often
- Sometimes
- Seldom
- Never

3. I am given supportive feedback on the work I do

- Never
- Seldom
- Sometimes
- Often
- Always

4. I am clear about the goals and objectives for my department

- Never
- Seldom
- Sometimes
- Often
- Always

5. I am pressured to work long hours

- Never
- Seldom
- Sometimes
- Often
- Always

6. I have unrealistic time pressures

- Always
- Often
- Sometimes
- Seldom
- Never

7. I have sufficient opportunities to question managers about changes at work

- Strongly disagree
- Disagree
- Neutral
- Agree
- Strongly agree

8. Staff are always consulted about changes at work

- Strongly disagree
- Disagree
- Neutral
- Agree
- Strongly agree

TOTAL _____

< 16	indicates a mismatch between worker expectation and management
16 - 34	indicates better working conditions but there is room for improvement
< 34	indicates that the working conditions appear to be matched with what a worker expects of management

For more information on how Wellness Programs could work for you and your work environment, please click on this link and you will receive a document that outlines some available programs.

<https://celinehealy.com/consulting-2/>

I look forward to hearing from you soon

Best regards

Celine Healy

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